





Indulge in a variety of massage, facial and body treatments by our expert therapists that relax, rejuvinate and revitalize the mind and body.

Discover your wellness escape only in the best location in Makati City.



For more information, please call Fitness Center at 3378. healthclub.manila@newworldhotels.com

REGULAR MASSAGE

SHIATSU BODY MASSAGE

Based on the traditional holistic system, it is described as finger-pressured dry massage that calms an over-active sympathetic nervous system which improves circulation and relieves stiff muscles

SWEDISH BODY MASSAGE

This is a classic western massage style using regular plain oil to facilitate smooth and long flowing and gliding strokes. It uses firm but gentle pressure to restore balance.

SIGNATURE MASSAGE

Pamper yourself with our signature therapy, a combined Shiatsu and Swedish massage styles, that kneads away muscle tension, mostly on the back, while giving you gentle long strokes to sooth the whole body

PHP 3,000 PHP 4,200 in spa

SPECIALTY MASSAGE

AROMATHERAPY MASSAGE

Appeal to your senses with a soothing massage that uses special essential oils that are blended for a choice of relaxing, energizing, or therapeutic massage. This massage style is ideal for deep relaxation.

60 minutes in spa

90 minutes in spa

PHP 3,400 PHP 4,900

HILOT MASSAGE

A traditional Filipino massage using heated virgin coconut oil and deep tissue techniques to restore body balance

90 minutes in spa

PHP 4,000

SPORTS MASSAGE

Specifically designed to address muscle stress and fatigue resulting from a workout or vigorous physical activity.

60 minutes in spa

90 minutes in spa

PHP 2,700

PHP 3,900

VENTOSA

Traditionally known as cupping therapy, this treatment involves suctioning the skin with special cups. It improves blood circulation, promotes deep relaxation, and relieves pain

90 minutes in spa

PHP 4,500

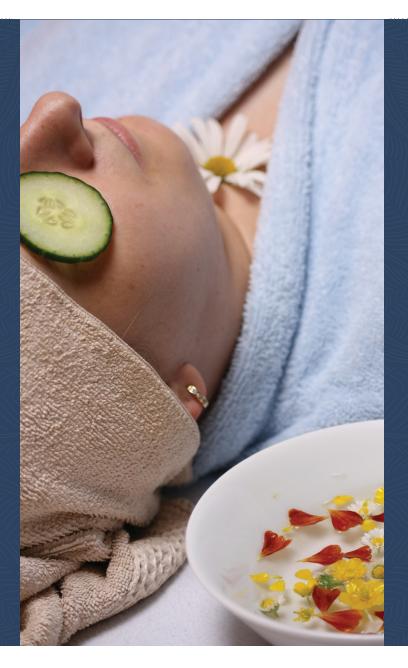
STONE MASSAGE

This therapy combines heat and pressure through hot stone massage, offering benefits such as stress relief, improved sleep, and alleviation of tension and pain

90 minutes in spa

PHP 4,800

*Additional of php200.00 for in-room services



DEEP CLEANING FACIAL MASSAGE

Choose between the Soothing-Aroma Facial or the Purifying Aroma Facial. These treatments target wrinkles and fine lines while also addressing excess oil for a clean, refreshed skin.

FACIAL TREATMENTS

GALVANIC AGELOC FACIAL

Experience the ultimate facial using Nu Skin products and the patented Galvanic Ageloc delivery system.

LUMISPA IO CLEANSING FACIAL

Experience a smoother complexion with minimized pores and a healthy glow, ensuring a fresh-from-the-spa feeling for selfie-ready skin every day.

45 minutes in spa
PHP 3,900

BODY SCRUB TREATMENTS

PARADASIA SIGNATURE SCRUB WITH MASSAGE

PHP 3,600

PHP 6,000

OCEANIC SALT GLOW WITH MASSAGE

PHP 5,800 PHP 3,400

FIRM & SMOOTH CELLULITE TREATMENT WITH MASSAGE

PHP 3,400

PHP 5,800



AGELESS SCULPT SPA WITH MASSAGE

PHP 4,200 PHP 4,600

SPA PACKAG

REVITALIZING BODY BLISS PACKAGE

PHP 6,900

PHP 6,900

HAND & FOOT REFLEXOLOGY

Also known as zone therapy, reflexology is based on the theory that specific points on the hands and feet correspond to different parts of the body

60 minute

PHP 2,700

FOOT REFLEXOLOGY

Ideal for feet that have been standing or walking for extended period

45 minute

PHP 2,100

FOOT SCRUB

Treat your feet to a complete rejuvenation, scrubbing away corns, calluses, and rough, flaky skin, leaving them soft and smooth

45 minute

PHP 2,500

